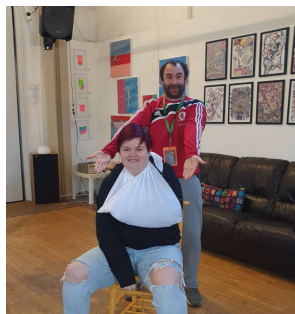


## Skilling-up

Teaching skills for independence remains at the heart of what we do here at Social Link. Visitors to the centre may have been surprised to see members ironing as well as learning the washing symbols on clothes – all of which are key to independent living.



First aid training sessions were a great success and generated a lot of laughs when practicing bandaging!!!

## Taking care

The past three years have taught us at Social Link, the importance of mental and physical wellbeing and its far reaching effects.



After a period of development we have a tailor-made wellbeing programme delivered by our very own qualified practitioner. Members contribute to the direction of the sessions and never fail to impress with their understanding of topics.



## Bloomin' Marvellous

Thames and Chilterns in Bloom

It's Your Neighbourhood Programme from the Royal Horticulture Society, paid us a visit during the summer. They were impressed with the scale of the garden transformation at Wycombe Arts Centre, but also how it takes into consideration the needs of different site visitors.

To quote the assessor: "The strength of the whole team and the enjoyment of working (and learning) in the garden shone through."

# SOCIAL LINK 2022 HIGHLIGHTS



## Royal Celebrations

It will come as no surprise that our Members love to party! The Queen's jubilee gave everybody the chance to get dressed up, take part in some royal-themed games, dance to a live band as well as partake in the very British tradition of eating fish and chips!

## Footy Stars

Social Link FC looked the part for their matches throughout 2022 with their eye-catching kits sponsored by Owen White Solicitors. Both Social Link teams had a successful season with one team making it to their top of their division. Our coaches earned themselves FA coaching certification so no doubt you will be hearing about the teams climbing through the league.



## Café Take-Over

We are grateful to Hill's Café in Micklefield for providing the opportunity for us to 'take-over' every Thursday afternoon. Our members have been getting hands-on experience and have perfected their drink-making, customer service and money skills. It is hoped that these skills could lead to future employment for our members.

## Anyone for a game?...



Our very own Pool-Sharks were very pleased with the arrival of our new pool table, generously donated by Kiwa UK.

## Master Crafters

The woodworking sessions continue to amaze. Members have made woven willow baskets and stools – not just any stool either as these have been so well crafted with expert guidance that they will simply last forever! We can't wait to see what the woodworkers achieve in 2023.



## ACTION 4 YOUTH

A group of very enthusiastic teens from Action4Youth joined us during the summer to plan and host sessions for our members. They also managed to raise money on our behalf. It was a valuable experience for everybody involved and we look forward to welcoming them back again next summer.

## Memory Walk

In September we hosted the second ever 'Walk for the ones we love' to remember those we have loved and lost. A keen party of walkers set off along the Thames from Bourne End to Marlow – and back again after a picnic in Higginson Park. Thank you to everybody who sponsored our walkers.



## Beach Get-away

The highlight of our summer was undoubtedly the day trip to Brighton. The rain clouds parted for long enough for some essential seaside sightseeing and fun!



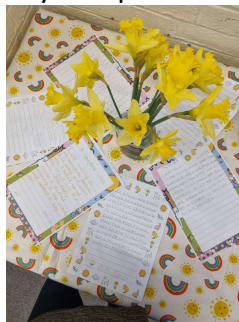
## Red Kite Community Housing

### Neighbourhood Award Win

Social Link was nominated for the Red Kite Neighbourhood awards and while we were in good company with many other valuable initiatives, we successfully achieved third place for our gardening in the community project.

## Making learning fun!

Hats off to our team for developing engaging ways of delivering literacy and numeracy sessions. We discovered that poetry is for everybody irrespective of ability!



## True Altruism

Our members, as always, are passionate about helping others. Macmillan is a charity close to all our hearts so Wycombe Day Project hosted a coffee afternoon and managed to raise over £100 for this hard-working charity.

The cost of living crisis became a hot-topic and as a result, in the lead-up to Christmas, our members and our team put the maximum effort into collecting food and toiletries for the One Can Trust.

## Charity Governance

In September, we held our first Annual General Meeting (AGM) in person since the arrival of COVID. The members showcase included an insight into wellbeing sessions as well as two sing-and-sign performances that had the audience captivated.

We also welcomed two new Trustees to our Board, namely Steve and Claire. Welcome aboard!

## Excellent Score

BC Commissioning conducted a full assessment of the Social Link service and awarded us an overall Excellent score! We have a dedicated and creative Team who clearly make the difference!

