

2021 HIGHLIGHTS

An evolutionary year!



The Gardening Team

The gardening group is going from strength to strength as the members have gained new skills and knowledge.



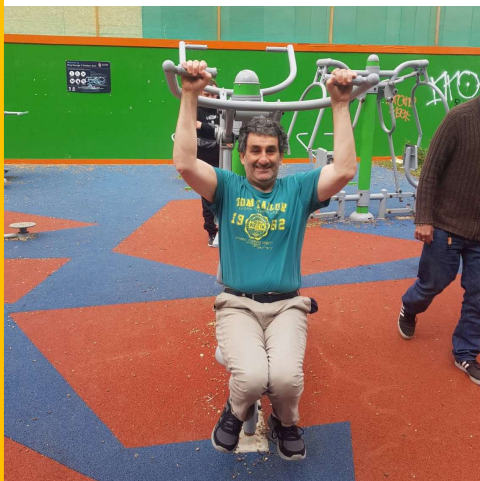
They are meeting people in new settings and talking with confidence about the work they are undertaking.



Training has been booked for members to become accredited in the use of specific pieces of gardening equipment e.g. lawn mower and leaf blowers.

Exercise and energy

Exercise has become a major focus in our day projects as so many of our members got active during the various lockdowns, and we wanted to continue their good work.



Every session has some kind of physical activity - it might be a boogie to party hits or a stroll. We have been making use of larger sports venues enabling us to play sports such as Boccia.



Helping others

Social Link has continued to support the One Can Trust. Our members have been keen to help others
#NeverMore Needed



A bumper delivery was made in December – we had our very own Elves making the delivery!!!

Walk for the Ones We Love

To remember and celebrate the lives of lost members, family and friends, we held The Walk for the Ones We Love. Taking the scenic route from Bourne End Marina to Higginson Park in Marlow, the walkers were rewarded with a stop off in the park for a picnic before the return walk home.



The event raised over £3000 which was used to fund member activities. We hope to once again hold the event in 2022 – participants of all abilities welcome!

Social Link Express

The Social Link member newsletter got a facelift and following a democratic vote was renamed The Social Link Express. Our members continue to provide news, stories and features for the newsletter plus making editorial decisions. Members have been able to reinforce their literacy learning as well as showcasing their talents.



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Continued...

Woodwork sessions

Craft activities have now been taken to a whole new level with the introduction of woodworking classes. In the build up to Christmas, members hand-made wooden decorations with sanding, hammering and drilling a plenty!



Having access to a whole range of tools and learning what they are each used for is proving very popular among our members.

Action4Youth summer project

A team of keen teenagers took on a fundraising project on behalf of Social Link during the summer. They raised over £300 while also raising the charity's profile.



We look forward to working with them again in future.

Master-chefs

We invested in a lots of new kitchen utensils so that we could run cooking sessions without the need for members to share.



This has been a massive hit, with members cooking their own two-course lunches.



There is a massive sense of achievement among our members when they follow instructions (verbal or written) and produce a meal or tasty treat.



Social Link FC

Things got competitive for our two Social Link football teams. The BOBI disability football league restarted earlier in the year.



All the weekly team training stood the teams in good stead and resulted in some very exciting matches throughout the season. In early 2022 we look forward to the team strutting out onto the pitch in their new kits sponsored by Owen White Solicitors. Look out for the teams in florescent pink and sunshine yellow!

Growing team

We were pleased to welcome new individuals to our team throughout the year. Each one of them brings a unique gift or talent which they share with our members - making every session special.

Our team = Adaptable + Enthusiastic + Responsive

We are looking forward to more great achievements and developments in 2022!